**Local Pre-Anesthetic Instructions**

You are scheduled to have surgery that will use local anesthesia. Please follow these instructions in preparation for the procedure:

-You may eat or drink prior to your appointment.

-Do not smoke or eat any marijuana products for 72-hours prior to your appointment.

-Any necessary medications may be taken prior to procedure. **However, make sure your doctor is aware of all medications you have taken in the last 24-hour period preceding your surgery.**

-If you are of age, you can drive yourself home after the surgery.

-If the patient is a minor, a parent or legal guardian must sign consents, wait for the patient and be able to drive the patient home after the procedure.

-Please wear loose, comfortable clothing with short sleeves. If possible, leave rings and other jewelry at home and wear only a minimal amount of makeup.

-If you wear contact lenses, please leave them out or have the items needed to remove them prior to surgery.

-If you are breastfeeding, please let your doctor know prior to the procedure.

-If necessary, a prescription for pain medication or antibiotics will be electronically sent to your pharmacy following your procedure.

-Do not ignore a head or chest cold when surgery is to be performed, as a change of appointment may be necessary. Please call to consult your doctor about your symptoms.

-Suggested foods to have available at home the day of surgery are:

 Yogurt, Ice cream, Pudding, Jell-O, Custards, Other soft, non-spicy foods.

-Suggested foods to have available at home for the week following surgery are:

Pancakes, Soft Fish, Well Cooked Pasta, Scrambled Eggs.