**Important Information - Weight Loss Medications**

If you are taking **GLP-1 medications** please follow these guidelines before your procedure:

* **24 hours before:** Clear liquid diet only
* **12 hours before:** **Nothing by mouth** (no food, drink, gum, or mints)

**Clear Liquid Diet includes**: Water, clear broths, apple juice, white grape juice, clear sports drinks (like Gatorade) and tea or coffee (no cream).

\*Please follow these instructions carefully for your safety. Let us know if you have any questions. Below is a list of commonly used GLP1 Medications for your reference.

|  |  |
| --- | --- |
| **GENERIC-GLP1** | **BRAND-GLP1** |
| **Semaglutide** | **Ozempic, Wegovy**, & **Rybelsus** |
| **Tirzepatide** | **Mounjaro** & **Zepbound** |
| **Liraglutide** | **Victoza** & **Saxenda** |
| **Dulaglutide** | **Trulicity** |
| **Exenatide** | **Byetta** & **Bydureon** |
| **Lixisenatide** | **Adlyxin** |

**OTHER WEIGHT LOSS MEDICATIONS (Prior to OR)**

\* Please talk with your provider about when to discontinue the following medications **prior to your surgery**, as they can cause increased heart rate and elevated blood pressure.

|  |  |
| --- | --- |
| **GENERIC** | **BRAND** |
| **Phentermine** | **Lomaira** & **Adipex-P** |